

## HY-FLEX COURSES: How does "going to class" work?

Some GV classes, depending on the number enrolled and the size of the classroom, will have space for all students to attend in-person every class session, should they wish to do so.

Your class schedule and instructor will let you know if you're enrolled in one of these courses.

## In a Hy-Flex course, you choose from THREE OPTIONS for attending class

- ATTEND CLASS IN PERSON on your assigned day (see your course schedule)

  For a MWF class, your schedule may put you in group M, W or F, for example
- ATTEND CLASS ONLINE, via Zoom, on the scheduled day and time (synchronous)

  A link to the Zoom class sessions is posted in your class site in Blackboard
- WATCH THE RECORDING of the class session and complete additional activities online (asynchronous)

  All recordings of class sessions will be available in your Blackboard course site

## IF YOU ARE NOT FEELING WELL,

please attend via options 2 or 3, and visit the Student Health Center.

## BE A SUCCESSFUL HY-FLEX LEARNER

If you choose to attend class remotely, make sure to find some dedicated and quiet space to "attend" class.

Participate in the discussion as if you were physically in the classroom. Actively engaging with class discussions helps you learn and retain information better.

Stay motivated and up to date on your coursework.

If you're feeling anxious or down, reach out to a trusted friend or professional. GV is a family and we care about your health and well-being!